
Instructor Declaration

Name

Address

..... Postcode

Membership No QI Grade/No Telephone No.....

I confirm that I can perform all the lifesaving skills in the Instructor Manual to the performance standards described there.

These skills are:

Practical Basic Life Support

- Rescue Breaths
- Diagnosis of Cardiac Arrest (check for responsiveness using the AVPU scale)
- Combined CC and RB
- Recovery Position

Throwing Rescue

- Rope Throw
- Buoyant Aid

Snorkelling Rescue

- Snorkelling Rescue

Swimming Rescue

- Non-breathing Subject
- Breathing Subject

I demonstrated my competence in these skills to

Name

Membership No QI Grade/No on(date)

Signed Date